

What on Earth

Is Happening in the Clearfork Valley

Comments and suggestions to What On Earth P.O. Box 81 Eagan TN. 37730 Email-Woe.CCI@hotmail.com

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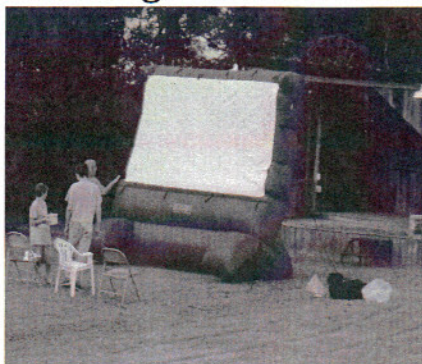


Tennessee Promise will provide Tennessee high school graduates the opportunity to attend a community or technical college free of tuition and fees. Tennessee promise is a scholarship and mentoring program that begins in the fall of 2015 for graduating seniors of the class of 2015. It will provide students a last-dollar scholarship, meaning the scholarship will cover tuition and fees not covered by the Pell grant, the HOPE scholarship, or TSAA funds. Students may use the scholarship at any of the state's 13 community colleges, 27 colleges of applied technology, or other eligible institution offering an associate's degree program. While removing the financial burden is key, a critical component of Tennessee Promise is the individual guidance each participant will receive from a mentor who will assist the student as he or she navigates the college admissions process. In addition, Tennessee Promise participants must complete eight hours of community service per term enrolled, as well as maintain satisfactory academic progress (2.0 GPA) at their institution.

For students to participate in the program they must meet several requirements and deadlines:

By November 1, 2014 Apply to the Tennessee Promise program, www.tnpromise.gov under student, you will then be contacted by partnering organization. More information is on the website telling other requirements. Do not miss out on this great opportunity.

Movie Night a Success!



Christina Brookman

On a cool September evening the **Woodland Community Development Corporation** (WCDC) hosted a movie night at the **Clearfork Community Institute**. The popcorn was being popped and the smell of butter was in the air. Everyone was gathered on the lawn in chairs and blankets-eager to see what movie was being played, which in turn was **Pixar's Monsters University**.

As it got dark the movie began and more people started flooding in to see the monsters on the 12-foot wide by 12-foot movie screen. Everyone seemed to really enjoy the movie and were laughing and having a good time. Even though there were some technical difficulties it didn't seem to upset anyone. It being the first time-you never know what will happen.

Approximately 40 were in attendance for the showing and by the end of the evening most were asking when they next time a movie would be shown. "The hopes are to have an activity for families once a month, it's good to get family and friends together for a safe fun evening." states Tonia Brookman, Executive Director of WCDC. Watch for future information in the WOE and for fliers in the stores.





The Fellows checking out the new bunk beds

We at CCI had the pleasure of spending the week with some wonderful folks, The Knoxville Fellows. We shared a wonderful meal and played games Saturday their first day here. Not only did the kids enjoy the games, a couple of us older folk enjoyed it as well.



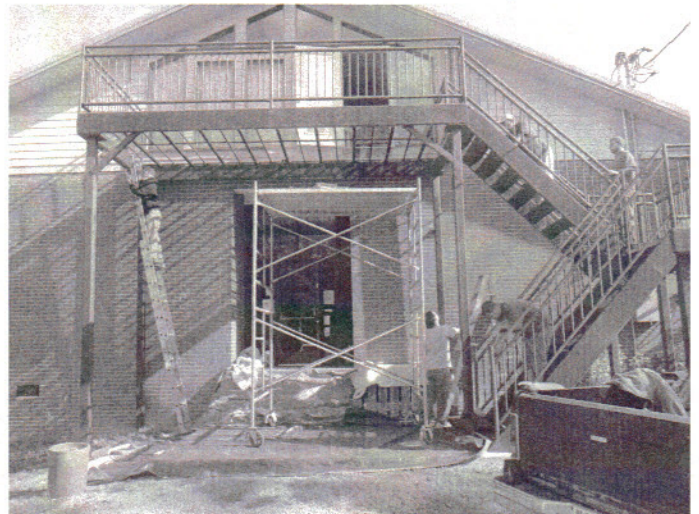
They did the usual work of cleaning the chimneys and gutters for the residents on Woodland they helped CCI with several projects.

We now have 5 new bunk beds for upstairs which our next guest will think is a vast improvement over a mat on the floor. It would make a great space for girl scouts, boy scouts or other groups to have an overnigher.

Knoxville Fellows

Class 8

This week we arrived here in Eagan to retreat from the hustle and bustle of city life, to the serenity and sanity of God's creation in the mountains. Over the course of the week we spent a significant amount of time engaging with one another through the sharing of stories. The community center allowed us to have a safe place where we could share, growing in relationships between one another as well as growing in intimacy with our Father in Heaven. Working in the community enabled us to develop relationships with some wonderful people, granting us a taste of the rural mountain community's culture along with some of the struggles this community faces. Through first hand experience this week we now have a better understanding of holistic rural community development, the environmental challenges facing both Eagan, and Knoxville, and simple yet profound ways to serve the Lord though loving these. We couldn't have asked for a more beautiful retreat and a week blessed by fun and spirit!



The Fellows also helped us paint the fire escape which was in bad need of a facelift. It looks so much nicer. Thanks to the fellows and our own young people who came out to help.

Comments and Suggestions

Addressed TO;

What On Earth P O Box 81 Eagan TN. 37730

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That time of year again . Allergies are ACTING UP

Brenda Partin

Symptoms, Diagnosis, Treatment & Management

Allergies are among the most common chronic conditions worldwide. Allergy symptoms of allergies range from making you miserable to putting you at risk for life-threatening reactions.

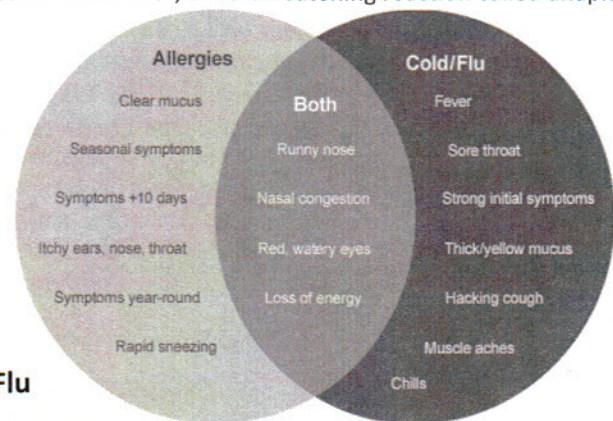
According to the leading experts in allergy, an allergic reaction begins in the immune system. Our immune system protects us from invading organisms that can cause illness. If you have an allergy, your immune system mistakes an otherwise harmless substance as an invader. This substance is called an allergen. The immune system overreacts to the allergen by producing Immunoglobulin E (IgE) antibodies. These antibodies travel to cells that release histamine and other chemicals, causing an allergic reaction.

Allergy Symptoms

An allergic reaction typically triggers symptoms in the nose, lungs, throat, sinuses, ears, lining of the stomach or on the skin. For some people, allergies can also trigger symptoms of asthma. In the most serious cases, a life-threatening reaction called anaphylaxis (an-a-fi-LAK-sis) can occur.

A number of different allergens are responsible for allergic reactions. The most common include:

- Pollen
- Food
- Animal dander
- Medications
- Dust
- Insect stings
- Mold
- Latex



Is it a Allergy or the Cold/ Flu

The more you know about indoor and outdoor allergies, the more you can help us protect your family throughout the year.

Allergies can occur seasonally or year-round. The fancy name for seasonal allergies is seasonal **allergic rhinitis**, but it's most commonly known as **hay fever**.

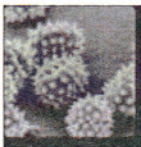
Hay fever can occur in conjunction with the release of pollen by different trees or grasses during certain times of the year.

Pollens



are the tiny reproductive cells of plants. Many trees, grasses, and low-growing weeds produce small, light pollens that are easily airborne. Symptoms can be reduced by staying indoors when the pollen count is high, and using a central air-conditioning system that recirculates air.

Ragweed



can produce 1 billion grains of pollen per season and is able to travel hundreds of miles on the wind. It is often responsible for late summer and early fall symptoms. Consider using this time of year to enjoy indoor activities or vacation in an area with fewer ragweed plants.

Mold



is a multi-celled fungus. It is capable of growing both indoors and out, and requires only a damp surface to thrive. Outdoors, mold can be found on dead plant matter. When working outside, a dust mask can help reduce symptoms.



Music Jam

The music jam is still going on every month on the 2nd Friday at 6:30. **Join us** bring a instrument or just sit back and relax and enjoy good music and good company.

Fall officially begins Monday September 22 around 10:30 p.m.

Fall Festivals

Clairfield Oct. 3 6:00 pm

Fonde Oct. 4 10:00 am

Mason Farm Pumpkin Patch Festival Mon-Sun.
10:00 am--6:00 pm

Louie blueie Music and Arts Festival September 27th
at Cove Lake

Community Calendar

Commissioner Meeting's

Claiborne County: 3rd Monday of the month in large courtroom located Main Street in Tazewell at 6:30 p.m.

Campbell County : Regular Business meeting on the 3rd Monday of the month.

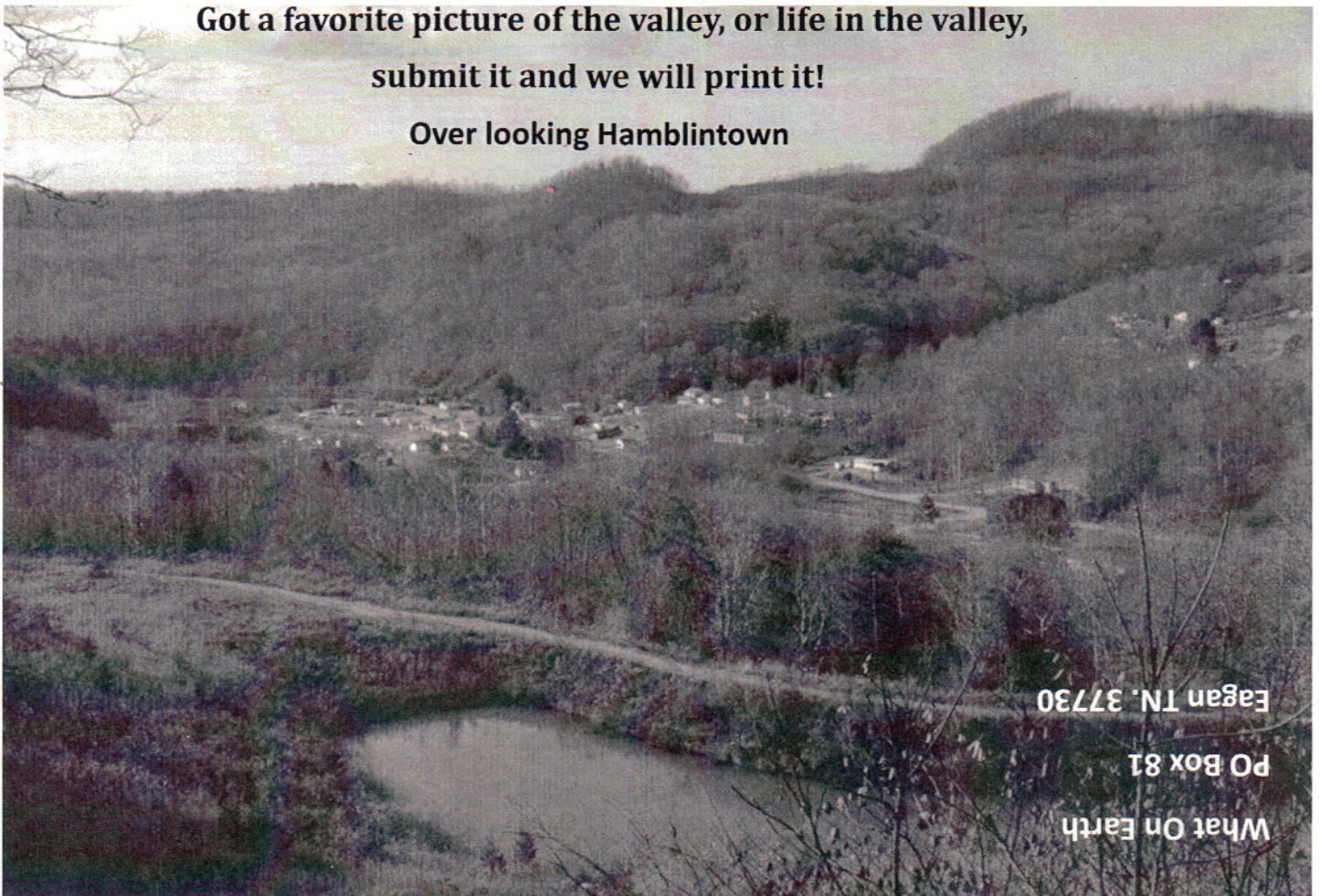
Clearfork Water Utility Board : meets every second Thursday of the month at 6:00p.m.

Parent Resource Center: Celebrate Recovery meets every Tuesday at 6:30 p.m.

The Early Steps Program

through **White Oak Elementary School** works on building developmental skills needed for school readiness. If you are interested in learning more about the program please contact : **Sheila Smith at 423-784-7858** between 8am and 4pm.

**Got a favorite picture of the valley, or life in the valley,
submit it and we will print it!
Over looking Hamblintown**



Eagan TN. 37730

PO Box 81

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